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# American Indian Cooking And Herb Lore By Thomas B Underwood

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**April 17th, 2020 - from american indian cooking amp herb lore fry bread dough 2 cups flour 1 2 tsp baking powder 1 tsp salt sufficient amount of milk divide the dough into parts amp shape in to a round pone about the size of your skillet amp 1 8 thick fry in about 1 4 hot cooking oil quickly until golder brown on each side cut into wedges amp serve hot'**

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**hominy recipe food**

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*May 15th, 2020 - cherokee fry bread directions 1 mix ingredients adding more flour if necessary to make a stiff dough note 1 add 1 teaspoon sugar for a sweet dough or 1 teaspoon garlic powder for a savory bread with the other ingredients'*

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