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de long avec lequel le tireur doit toucher son adversaire sans être lui même touché
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to basic weapons of self defense covering the use of the cane umbrella quarter staff
and other such basic weaponry including the relatively young at the time art of the
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quite parallel to karate they developed a martial art with the things they had in
hand namely sugar cane knives and 3 4 staffs"the fotten golden age of mixed martial
arts part iii

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born at rome in 1480 her early years were spent at her mother s house near her father s
splendid palace but later she was given over to the care of adriana de mila a relation of
cardinal bia and mother in law of"bartitsu wikivisually

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originally developed in england during the years 1898 1902 bining elements of boxing
jujitsu cane fighting and french kickboxing in 1903 it was immortalised as baritsu by sir
arthur conan doyle author of the sherlock holmes mystery stories although dormant
throughout most of the 20th century bartitsu has been"self defense 101 amp the badass
cane testaments of the

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excerpts from other writings did not justify the price also as an instructor in cane self
defense i disagree with at least one point he made that of always gripping the cane by the
crook this is contrary to well recognized cane self defense systems'

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