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June 7th, 2020 - lutefisk which means lye fish is dried cod that has been treated with lye for preservation while there are of course more advanced ways of preserving food lutefisk is a scandinavian tradition still enjoyed today before it is prepared it is soaked in cold water for days to remove the lye" **scandinavian feasts celebrating traditions throughout the June 1st, 2020 - this item scandinavian feasts celebrating traditions throughout the year by beatrice a ojakangas paperback 18 00 only 1 left in stock order soon sold by ilbey books and ships from fulfillment'**

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